## Spiritual Snippets of One Seeking Clarity...

THANKS for sharing with me this brief moment in time opening the door to your beautiful mind to share a few thoughts and maybe swap wares, helping each other as much as we dare. We seekers of truth, travelers in time, the journey itself can be so sublime! Thanks for sharing with me this brief moment in time. -jb

FAV. MOVIE OF THE MONTH was *Temple Grandin*, starring Clare Danes, has all the earmarks of a great movie: a powerful and true story with new insights, artistically presented, by a great actor--all of which brings insight, understanding, and clarity (that word again) to the human condition.

Having interacted with several mildly autistic children in my career, and tutored one privately, I thought I knew enough and didn't want to revisit another painful story. Patricia and I (she more open and with a greater capacity for the pain of empathy) largely saw this on the recommendation of neighbors who have an autistic grandchild, and whose taste in movies over the years has been excellent.

What I found was very insightful and uplifting. Temple Grandin, with the determined support of a loving mother, teacher, and various other people along the way transcended her disabilities and societal prejudices to see and imagine things other could not. She used her unique abilities to come up with several significant inventions in the cattle industry with her own insights into the nature of autism, attaining a Phd in the process.

"Good, better, best, never let it rest, til your good is better, and your better, best."

- a poem Patricia learned from her fifth grade teacher which is attributed to whom? THE MOST POWERFUL FACT I came across this month was reported in *Time* magazine:

"43% of Americans reported that if they had to come up with \$2,000 cash, they would have to sell something."

This really gave me a shocking perspective of where so many people are, and how we really have lost so much of our middle class.

I am still SEEKING CLARITY of what to entitle this little newsletter, or whether to change it at each writing. More importantly, what is it that I feel is worthy of your interest, your intellect, and your own spiritual seeking. Knowing you and having walked miles together on our spiritual journey over the years and hearing from you definitely helps.

What is it then that you seek from me, and what is that I have to offer worthy of your seeking? Several of you have responded favorably on my brief thoughts on Eucharist in the last writing. Others of you have indicated that you would (at this time) rather receive than offer personal insights and/or recommendations, etc. One person expressed her desire and need to have clear thinking, clarity, in her life right now in the midst of so much personal and universal turmoil. (Thanks, PW, you are such an inspiration in so many ways! (A little sleuthing may be in order here.:) ))

From our conversations over the years and your recent input I know you are interested in the spiritual, the inspirational, the insightful, which honors keen intellects and discerning hearts.

If I'm over sharing in the process, it is only because I feel you are an integral part of the process. What do you need, what do you seek, and what interests you, motivates and directs me to gaze in that direction?

Thank you for you responses, your encouragement, and your guidance. Clarity to my purpose here is taking shape, even as I type. I shall continue to share the thoughts and feelings which I think will intrigue, interest and inspire the all of us on our separate but similar journeys. -JB 7/13/2011

SO I ASK MYSELF: "WHAT DO I MEAN BY "SPIRITUALITY"? Is that what I'm looking for? Or is it philosophical understanding, scientific knowledge, personal understanding, insight, community, inspiration, etc. Off the top of my head, without googling the subject (which I will do), I would say spirituality has something to do with the transcendent spirit in and around us, dealing with transcendent truths and beliefs which help us to engage and transcend our workaday lives. So, let me see what Google comes up with. Any comments?

MINI CHECK-IN: Patricia, Aimée, Lois and I celebrated my mom's 95th birthday July 3 with three out of my my four siblings and their families. We are now finishing a week with our family in the Sierra foothills. Upon our return I will finish my last week of tutoring. On another note, I was happy to turn down an expensive golf trip because I could not justify it in the light of such global poverty, and the fact that the money could be better spent.

Feel free to forward this on to family and friends you think may be interested, and/or recommend others to join this little spiritual newsletter.